

It didn't start with you...
but it can end with you.

FAMILY CONSTELLATION WORKSHOP

WITH MARK WOLYNN

Unconsciously, we relive our mother's anxiety. We repeat our father's disappointments. We replicate the failed relationships of our parents and grandparents. Just as we inherit our eye color and blood type, we also inherit the residue from traumatic events that have taken place in our family. Illness, depression, anxiety, unhappy relationships and financial challenges can all be forms of this unconscious inheritance.

Family Constellations reveal the hidden dynamics and family loyalties that keep us rooted in destructive patterns. In this two-day workshop, a new life course can be set in motion. The results can be life-changing.

San Diego

Saturday, February 20th

Sunday, February 21st

10:00am – 6:00pm

\$350.00

CEUs available

"Mark is especially skilled at pinpointing the source of an issue with laser sharp clarity." –Laura Taylor, MFT

"I made more progress in one weekend, than I did in 16 years of therapy." –Robert Traeger

"Mark has the extraordinary gift to see what needs to be seen in order for deep healing to begin." –Gemma Stone, Psychologist

Mark Wolynn



Director of The Hellinger Institute of Northern California and co-director of the Hellinger Learning Center in New York City, Mark is one of North America's foremost Family Constellation facilitators. He conducts workshops and trainings in family therapy throughout the United States, Canada, England and Latin America, as well as for the University of Pittsburgh's Medical School, The Graduate School of Social Work, Kripalu, The New York Open Center and the California Institute of Integral Studies. His forthcoming book ***IT DIDN'T START WITH YOU: How Inherited Family Trauma Shapes Who We Are and How to End the Cycle*** will be published by Viking/Penguin in early 2016. Mark is a regular presenter at hospitals, clinics, conferences and teaching centers. He specializes in working with depression, anxiety, obsessive thoughts, fears, panic disorders, self-injury, chronic pain and persistent symptoms and conditions.

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For more information and to register, contact:

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