

It didn't start with you...
but it can end with you.

The Hoffman Centre for Integrative Medicine presents

Chronic Illness and Persistent Conditions A Family Constellation Workshop With Mark Wolynn

CALGARY

Saturday, March 19th

Sunday, March 20th

10:00am – 6:00pm

Kananaskis Room
Calgary Delta South

\$450 - Individual

\$800 - Couples

Dr. Bruce Hoffman uses *The Seven Stages to Health & Transformation*TM model to ascertain root causes of an individual's symptoms and disease process. Over the years, Dr. Hoffman has observed that one of the most significant factors in disease causation is the possible underlying entanglements of the family system from which the individual emerged. These invisible bonds in families are unconscious and may have effects on many generations. Family Constellation Therapy is a method of uncovering these unconscious bonds and making the dynamics visible. Dr. Hoffman has noticed dramatic improvements and resolutions in some disease processes once a new healing image has been experienced.

PERSONAL/PROFESSIONAL DEVELOPMENT BEHIND GOOD HEALTH: ILLNESS AND RECONCILIATION March 21st - \$245

For medical treatment to be optimally effective, our connection to the family must be explored. In this experiential one-day event, we will learn how to identify the family dynamics and unspoken loyalties that contribute to physical symptoms, as well as how to work with persistent symptoms and chronic conditions.



Mark Wolynn

Director of The Family Constellation Institute in San Francisco, Mark is one of North America's foremost Family Constellation facilitators. He conducts workshops and trainings in family therapy throughout the United States, Canada, England and Latin America, as well as for the University of Pittsburgh's Medical School, The Graduate School of Social Work, Kripalu, The New York Open Center, The Omega Institute and the California Institute of Integral Studies. His forthcoming book *IT DIDN'T START WITH YOU: How Inherited Family Trauma Shapes Who We Are and How to End the Cycle* will be published by Viking/Penguin in April 2016. Mark is a regular presenter at hospitals, clinics, conferences and teaching centers. He specializes in working with depression, anxiety, obsessive thoughts, fears, panic disorders, self-injury, chronic pain and persistent symptoms and conditions.

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For more information and to register, please contact:

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