

It didn't start with you...  
but it can end with you.

The Hoffman Centre for Integrative Medicine presents  
**Chronic Illness and  
Persistent Conditions**  
**A Family Constellation Workshop**  
With Mark Wolynn

Saturday, April 18<sup>th</sup>  
Sunday, April 19<sup>th</sup>  
10:00am – 6:00pm

Delta Calgary South  
Kananaskis Room in  
the Atrium Building

\$350 - Individual  
\$600 - Couples

Dr. Bruce Hoffman uses *The Seven Stages to Health & Transformation*<sup>TM</sup> model to ascertain root causes of an individual's symptoms and disease process. Over the years, Dr. Hoffman has observed that one of the most significant factors in disease causation is the possible underlying entanglements of the family system from which the individual emerged. These invisible bonds in families are unconscious and may have effects on many generations. Family Constellation Therapy is a method of uncovering these unconscious bonds and making the dynamics visible. Dr. Hoffman has noticed dramatic improvements and resolutions in some disease processes once a new healing image has been experienced.

CONTINUING EDUCATION: PRINCIPLES BEHIND GOOD HEALTH  
APRIL 20 - \$200

For medical treatment to be optimally effective, our connection to the family must be explored. In this special one-day event, we will learn how to work with the effects of trauma in this generation and in previous generations. We will learn how to identify the family dynamics and unspoken loyalties that contribute to physical symptoms, as well as how to work with persistent symptoms and chronic conditions.

**Mark Wolynn**



Director of The Family Constellation Institute, Mark is one of North America's foremost Family Constellation facilitators. He conducts workshops and trainings in family therapy throughout the United States, Canada, England and Latin America, as well as for the University of Pittsburgh's Medical School, The Graduate School of Social Work, Kripalu, The New York Open Center and the California Institute of Integral Studies. Mark is a regular presenter at hospitals, clinics, conferences and teaching centers. He specializes in working with depression, anxiety, obsessive thoughts, fears, panic disorders, self-injury, chronic pain and persistent symptoms and conditions.

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