

It didn't start with you...  
but it can end with you.

## FREE TO LOVE CREATING GREAT RELATIONSHIPS A Family Constellation Workshop With Mark Wolynn

### CALGARY

Saturday, Sept 20<sup>th</sup>  
Sunday, Sept 21<sup>st</sup>  
10:00am – 6:00pm

Delta Calgary South  
Kananaskis Room  
Atrium Building

\$350.00

Are you free to love? Many of us experience our greatest challenge in the area of relationships. We find ourselves repeating familiar patterns in spite of our best efforts to change them. We might attack, withdraw, leave or be left, only to find the pattern re-emerging with our next partner. Once unconscious family loyalties and identifications are brought into view, we can open to new ways of giving and receiving love. In this workshop, you will learn:

- what influences our relationship choices on a subconscious level
- the four unconscious themes operating when our relationships struggle
- 20 invisible dynamics that can erode intimacy
- three ways in which relationships can be significantly damaged or strengthened
- how to preserve aliveness and establish your full weight with a partner.

### THE ANATOMY OF RELATIONSHIPS

Personal and Professional Development

September 22 - \$200

Discover your relationship blocks and learn to apply the essential tools for succeeding with a partner. Gain first-hand experience by doing your relationship constellation and learn simple and practical tools for managing unconscious patterns and creating greater awareness.

#### Mark Wolynn



Director of The Hellinger Institute of Northern California and co-director of the Hellinger Learning Center in New York City, Mark is one of North America's foremost Family Constellation facilitators. He conducts workshops and trainings in family therapy throughout the United States, Canada, England and Latin America, as well as for the University of Pittsburgh's Medical School, The Graduate School of Social Work, Kripalu, The New York Open Center and the California Institute of Integral Studies. Mark is a regular presenter at hospitals, clinics, conferences and teaching centers. He specializes in working with depression, anxiety, obsessive thoughts, fears, panic disorders, self-injury, chronic pain and persistent symptoms and conditions.

[www.markwolynn.com](http://www.markwolynn.com) or [www.facebook.com/MarkWolynn](https://www.facebook.com/MarkWolynn)

For more information and to register, please contact:

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