



April 4–6, 2014 Friday-Sunday

Free to Love: Creating Great Relationships Through Family Constellations

Mark Wolynn

For everyone, including therapists.

Whether you're single or in a relationship, this workshop can help you get to the heart of what separates you from the closeness you desire. Come experience Family Constellations, a three-dimensional learning process designed to reveal the hidden dynamics and unconscious family loyalties that limit your ability to have successful relationships. Guided by the director of the Family Constellation Institute, you learn

- What influences relationship choices on a subconscious level
- 20 invisible dynamics that can erode intimacy
- Three ways that relationships can be significantly damaged or strengthened
- How to balance hurt and maintain relationship equilibrium
- Ways to preserve aliveness and establish your full weight with a partner.

Family Constellations allows you to break destructive patterns so you can live a more fulfilled life. The results can be life changing.

CE Credits are available for this program.



Mark Wolynn, director of California's Hellinger Institute and codirector of the Hellinger Learning Center in New York City, is one of North America's foremost Family Constellation facilitators. He conducts workshops and trainings in family therapy throughout the United States, Canada, England, and Latin America, and for psychiatry residents in the medical school at the University of Pittsburgh. A regular presenter at universities, hospitals, clinics, conferences, and teaching centers, Mark has guided thousands of singles and couples toward lasting and fulfilling relationships.www.hellingerca.com



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