

FAMILY CONSTELLATION WORKSHOP

With Mark Wolynn

DATE

Saturday, December 1st
Sunday, December 2nd
10:00 am - 6:00 pm

LOCATION

San Francisco Bay Area
Mill Valley

FEE

\$325.00

Are you living the life you want?

Many of us can't explain why we feel the way we feel. We eat, drink, sleep or work too much. We don't take care of our bodies. We're consumed with worry. The answer might lie in the way we unconsciously repeat our family history. Illness, depression, anxiety, unhappy relationships and financial stress can all be forms of our unconscious inheritance.

Family Constellations allow us to break these patterns so that we can live healthier, happier, more fulfilled lives. Once unseen dynamics are brought to light, a new life course can be set in motion. The results can be life-changing.



Mark Wolynn

Director of The Hellinger Institute of Northern California and co-director of the Hellinger Learning Center in New York City, Mark is one of North America's foremost Family Constellation facilitators. He conducts workshops and trainings in family therapy throughout the United States, Canada, England and Latin America, as well as for the University of Pittsburgh's Medical School and Graduate School of Social Work. Mark is a regular presenter at hospitals, clinics, conferences and teaching centers. He specializes in working with depression, anxiety, obsessive thoughts, fears, panic disorders, self-injury, chronic pain and persistent symptoms and conditions.

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For more information and to register, please contact:

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